

## **CERTIFICATE** OF PARTICIPATION

This is to certify that

## Sylvia du Raan

Has successfully participated & completed the

Solo - Standard Cowhouse Cross Duathlon 2017 #3

held at Cowhouse Market.

## **TIME** 01:59:50

**PACE** 04:06/km **OVERALL** 11 of 14

GENDER 4 of 6 40 - 49 1 of 2



outTime

Signature

02 July 2017, Sun

Date